

# Rigging Manual V2





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### 1. Introduction

Congratulations on the purchase of your new RS Zest and thank you for choosing an RS product. We are confident that you will have many hours of great sailing and racing in this truly excellent design.

The RS Zest is an exciting boat to sail and offers fantastic performance. This manual has been compiled to help you to gain the maximum enjoyment from your RS Zest, in a safe manner. It contains details of the craft, the equipment supplied or fitted, its systems, and information on its safe operation and maintenance. Please read this manual carefully and be sure that you understand its contents before using your RS Zest.

This manual will not instruct you in boating safety or seamanship. If this is your first boat, or if you are changing to a type of craft that you are not familiar with, for your own safety and comfort, please ensure that you have adequate experience before assuming command of the craft. If you are unsure, RS, your RS dealer, or your national sailing federation – for example, the Royal Yachting Association – will be able to advise you of a local sailing school, or a competent instructor.

Please keep this manual in a secure place and hand it over to the new owner if you sell the boat.

For further information, spares, and accessories, please contact:

RS Sailing Premier Way Abbey Park Romsey

Hants SO51 9DQ

Tel.: +44(0)1794 526760 Fax: +44(0)1794 278418

E-mail: www.info@rssailing.com

For details on your local RS dealer, please visit www.rssailing.com

# 2. Zest Technical Data

Length Overall (LOA)	3.59m
Beam	1.47m
Sailing Weight	60kg
RS Zest Mainsail	6.9m <sup>2</sup>
Max Weight of Sailor	100 kg
Designer	Jo Richards and RS Sailing



# 3. Comissioning



PLEASE FOLLOW RIGGING MANUAL IN THE CORRECT ORDER





# **Zest** 3.1 - Preparation

Your RS Zest comes complete with all the components necessary to take the boat sailing.

DO NOT use a knife or other sharp object to cut through packaging containing parts – you may damage the contents!

Whilst your RS Zest has been carefully prepared, it is important that new owners should check that shackles and knots are tight. This is especially important when the boat is new, as travelling can loosen seemingly tight fittings and knots. It is also important to check such items prior to sailing regularly.

# Zest 3.2 - Unpacking

Having unpacked your RS Zest, you should check that you have all of the items listed before throwing away any of the packing, as there may be some small items still wrapped.

### 3.3a - Boat Pack Contents

Quantity

		Quaritity
	Hull	1
	Bottom mast section	1
	Top mast section	1
***	boom	1
	Rudder	1
	Tiller extension	1
	Fwd toestrap	1
	Aft toestrap	1
m	Toestrap elastics	2

## 3.3a - Boat Pack Contents

### Quantity

RST DEST	Mainsail	1
	Battens	3

# 225 3.3b Customer Pack Contents

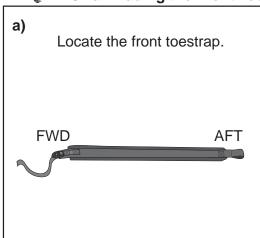
	Mainsheet	1
~~	Centreboard retainer	1
	Centreboard retainer hook	1
	Mainsheet traveller block	1
	Mainsheet bridle	1
	30mm block (vang)	2
	Vang bottom block and rope	1
M	Vang block boom tie	1
~~~	Sleeved sail downhaul	1
	plastic bobble (clew strap)	1
~~~	Clew strap	1
	Mainsheet ratchet block (boom)	1

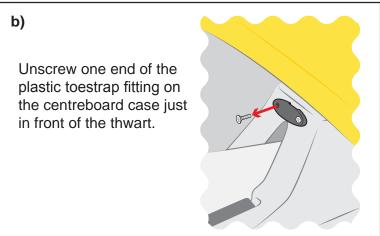


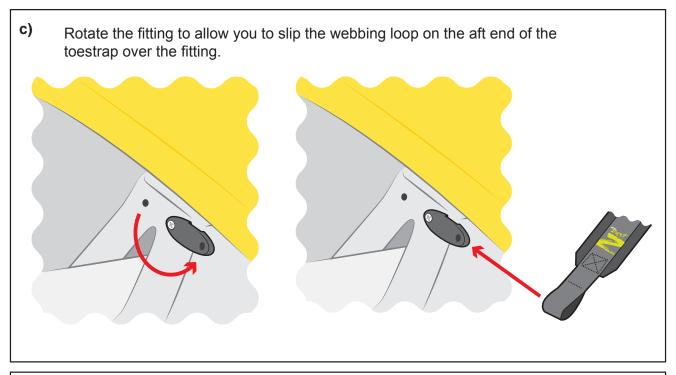
# 3.3c Jib Pack Contents (Optional)

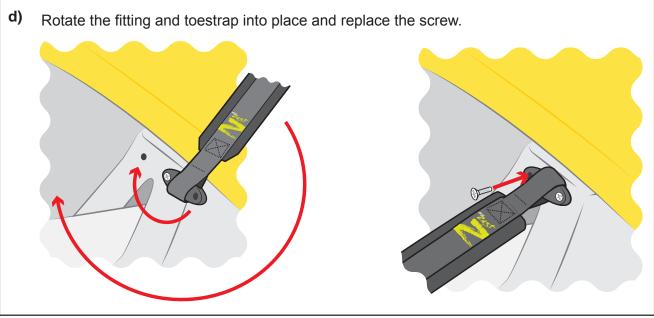
Jib	1
Jib sheet	1
Jib halyard	1
Jib tack hook	1
Jib cleat, fairlead and screws.	2

3.4a - Adding the Front Toestrap



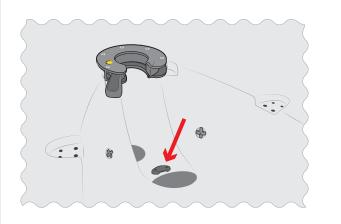


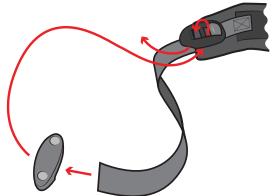




# 3.4a - Adding the Front Toestrap

e) Attach the front end of the toestrap to the forward toestrap fitting using the buckle.

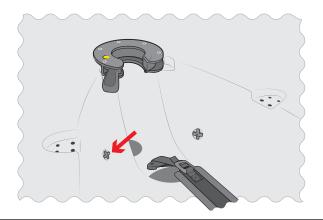


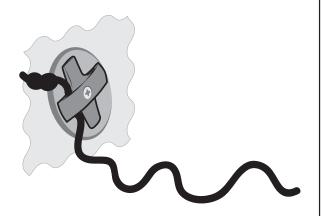


Locate the front toestrap elastic and tie knot #3 in one end.

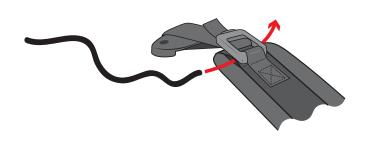


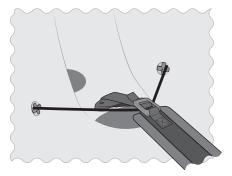
Pass the other end through the hole in the cross shaped plastic fitting on one side of the cockpit.

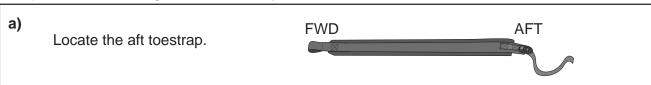


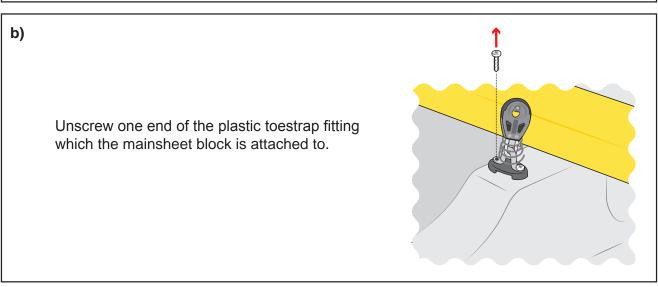


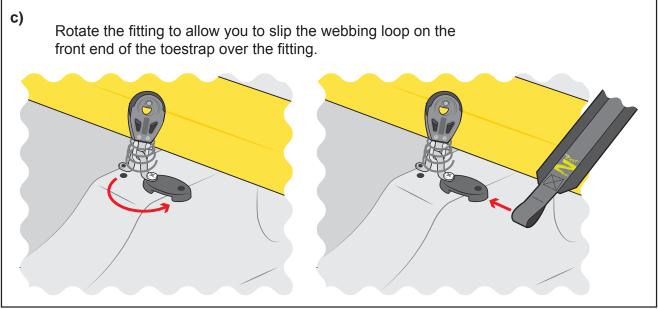
h) Pass the elastic though the hole in the webbing (below the toestrap buckle) and through the fitting on the opposite side of the cockpit. Tie knot #3 in the tail.

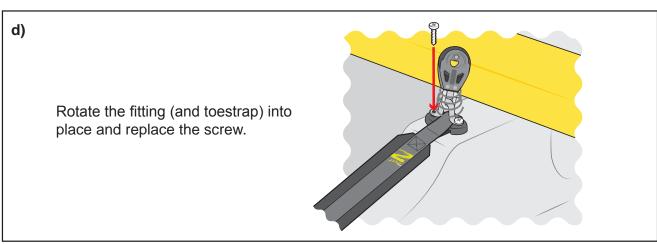












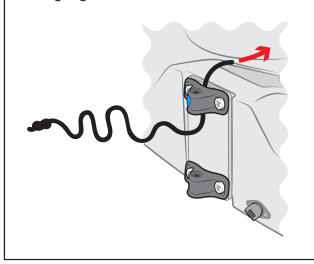
3.4b - Adding the Aft Toestrap

e) Attach the aft end of the toestrap to the aft toestrap fitting using the buckle.

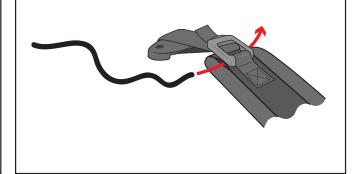
f) Locate the aft toestrap elastic and tie knot #3 in one end.



Pass the other end upwards through the gap behind the top gudgeon on the transom.

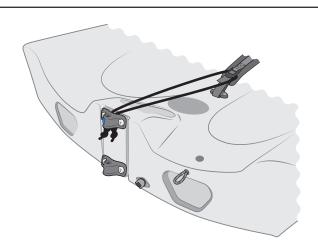


h) Pass the end forward and through the hole in the webbing (beneath the toestrap buckle).



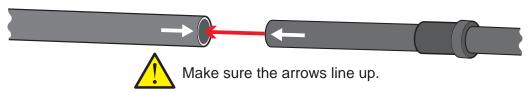
i)

Pass the end aft agin and back through the gap behind the gudgeon, this time in a downward direction. Tie knot #3 in the tail.

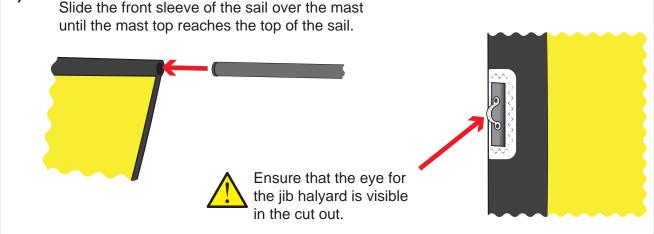




a) Join the mast by inserting the mast top section into the mast lower section.



b) Slide the front sleeve of the sail over the mast until the mast top reaches the top of the sail.



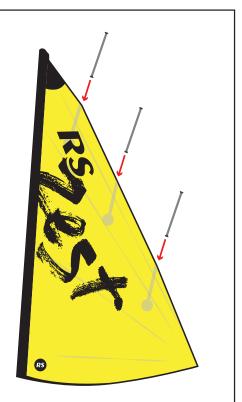
Put the battens into the sail

c)

Battens are inserted with the curved end first. This engages against elastic in the pocket.

Push the batten into the pocket until it goes under the flap on the leech. You will need to overcome the resistance of the elastic.

To remove, push against the elastic until the batten will come out of the flap then remove.



If you have the optional jib pack, move on to section 3.6 - Rigging the Jib Halyard.

If you do not wish to fit a jib move on to section 3.7 - Stepping the mast

# 225<sup>†</sup> 3.6 - Rigging the Jib Halyard - OPTIONAL

The jib pack is available as an optional extra. If you do not wish to fit the jib, move straight on to section 3.7 (Stepping the mast).

In order to use the jib, you will need to fit the jib cleats and fairleads to the boat. See Section 5.1 for how to do this.

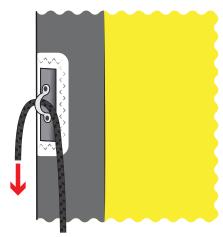
Take the jib halyard from the jib pack.



b)

Thread one end of the jib halyard through the metal ring half way up the front of the mast and pull it through so that you have two equal tails by the gooseneck.

Secure the jib halyard tails.



BEFORE PICKING UP THE MAST, CHECK THAT YOU ARE NOT IN THE VICINITY OF OVERHEAD POWER CABLES.

ANTES DE RECOGER EL MÁSTICO, COMPRUEBE QUE NO ESTÁ EN LA CERCANÍA DE LOS CABLES DE ELECTRICIDAD EXTENSOS.

PRIMA DI RAGGIUNGERE L'ALBERO, VERIFICARE CHE NON SIA NELLA VICINITÀ DEI CAVI DI ELETTRICITÀ A TESTA DI COMANDO.

ALVORENS DE MAST OP TE LADEN, CONTROLEERT U DAT U NIET IN DE NABIJHEID VAN ELEKTRISCHE KABELS VAN HET OVERHEAD WOONT.

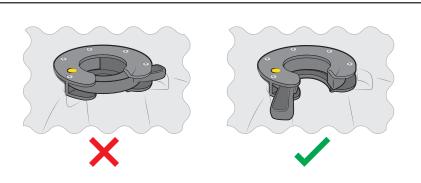
BEVOR SIE DEN MA<mark>ST AUFNEHMEN, ÜBERPRÜFEN SIE, DAS</mark>S SIE NICHT IN DER UMGEBUNG VON ELEKTRIZITÄTSKABELN SIND.

AVANT DE RAMASSER LE MÂT, VÉRIFIEZ QUE VOUS N'ÊTES PAS À PROXIMITÉ DES CÂBLES ÉLECTRIQUES.

捡起桅杆之前,请检查您是否不在高架电缆的附近。

Make sure the mast gate is open.

a)



If the wind is blowing there will be a lot of pressure on the top of the mast making it wave around. Consider finding somebody to help if you feel that you will struggle.

- b) Lift the mast into the boat and put the base of the mast into the mast pot.
- c) Lift the mast upright into the mast gate.
  You can walk the mast up from the transom.

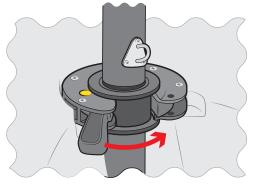




### 3.7 - Stepping the Mast

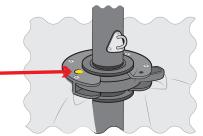


Close the mast gate.



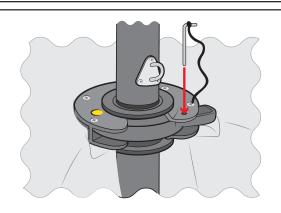


Make sure that it clicks into place and locks shut. In order to open the mast gate you must push the yellow button to release the lock.



e)

Add the secondary pin through the hole in the mast gate.

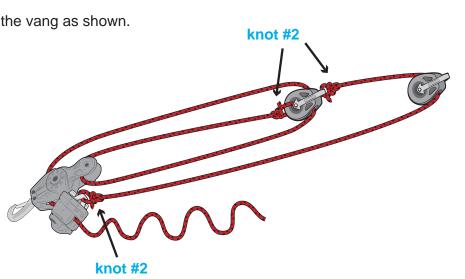


# 225 3.8 - Rigging the Vang (Kicking Strap)

a)

Locate the 2 x 30mm vang blocks, vang bottom block and rope.

Assemble the vang as shown.

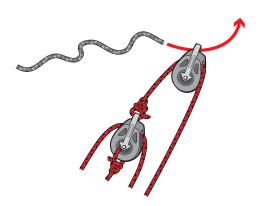


# 3.8 - Rigging the Vang (Kicking Strap)

b) Locate the top block on the kicking strap.



Thread the kicking-strap boom tie through the eye of the block.

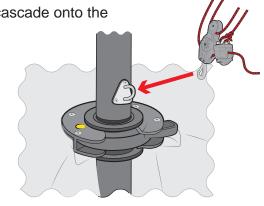


Thread the kicking-strap boom tie through the eye on the boom, and tie **knot #3** in each end.





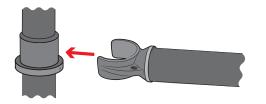
Clip the hook on the bottom block of the kicker cascade onto the eye on the mast just above the mast gate.



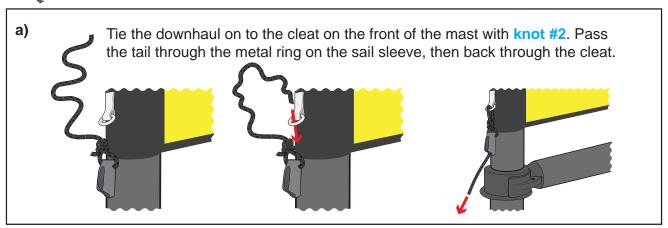
# 225 3.9 - Adding the Boom

a)

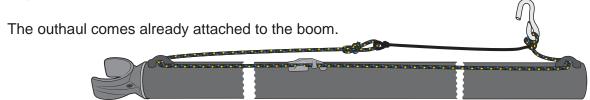
Take the boom and push the gooseneck onto the mast, just above the plastic sleeve.



## Zest 3.10 - Downhaul







a) Locate the clew strap line and bobble in the customer pack.

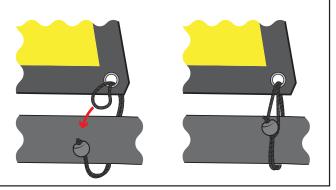
Fold the line in half, take both ends and tie knot #4.

Pass the line through the bobble.



b)

Pass the loop of clew strap around the boom and through the cringle in the clew of the sail, then over the bobble.



Hook the outhaul onto the clew, pull tight and cleat.

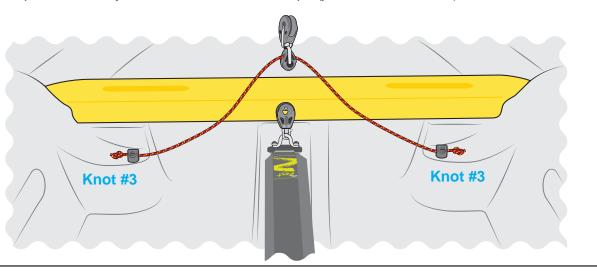
# 2est 3.12 - Rigging the Mainsheet

a) Locate the mainsheet traveller block and bridle.

Thread the bridle through the bottom (smaller) block.



b) Locate the mainsheet bridle in the rigging pack and tie it between the two plastic deck eyes at the sides of the cockpit (just aft of the thwart).



Locate the mainsheet ratchet block in the customer fittings pack and shackle it to the boom. The block is designed to lock its rotation once shackled.



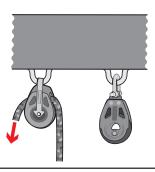
Make sure the block is in alignment with the boom and not rotated 90°.



d) Take one end of the mainsheet and tie it through the middle of the block which you just added with knot #2.



e) There are two mainsheet blocks already attached to the boom. Take the free end of the mainsheet and pass it **forwards** through the front block on the boom.



# 3.12 - Rigging the Mainsheet

f)

Pass the end back down and through the block on the bridle (which you added in step b).

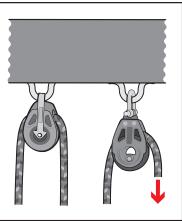


g)

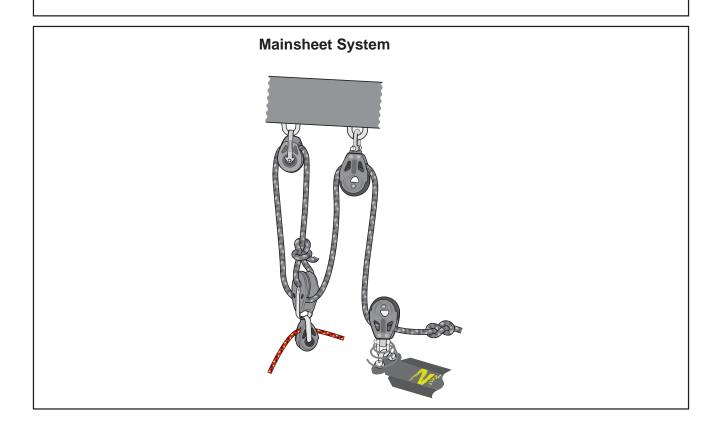
Pass the end back up to the boom and through the ratchet block (the block furthest from the mast.



Make sure you pass the rope through the ratchet block in the correct direction. There is an arrow on the block to show this.



h) Pass the end down through the mainsheet block in the centre of the cockpit (at the front of the toestrap) and tie knot #3 in the tail.





For this section, you will need:

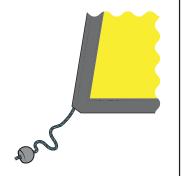
- The RS Zest jib
- The jib halyard
- The jib sheet

Before the jib can be rigged for the first time, the jib cleats and fairleads must be added to the boat. See section 5.1 for how to do this.

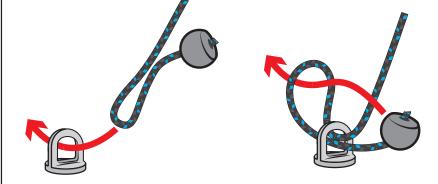
a)

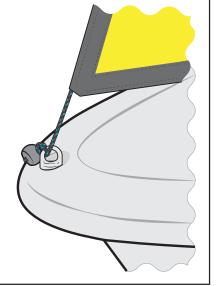
Unroll the jib.

There is a rope with a bobble attached to the tack of the jib.



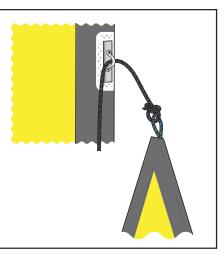
Form a loop with this rope and pass it through the eye, then pass the loop over the bobble.





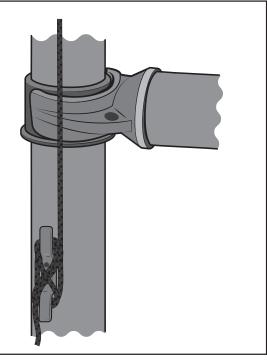
c)

Tie one end of the jib halyard onto the loop of rope sewn into the head of the jib, using knot #1.



d)

Pull the jib up and secure the jib halyard in the cleat on the port side of the mast, below the gooseneck.



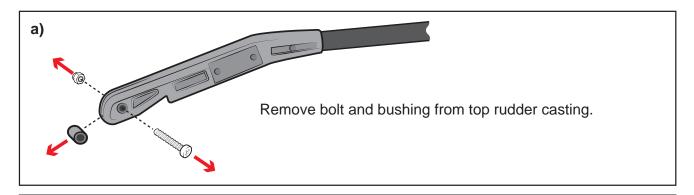


Only apply enough halyard tension to prevent the front of the jib from sagging whilst sailing.

## **Zest** 3.14 - Rudder

To complete this section you will need:

- The rudder pack
- A large flat-bladed screw driver



a) Fit the bushing to the rudder blade.



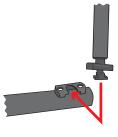
a)

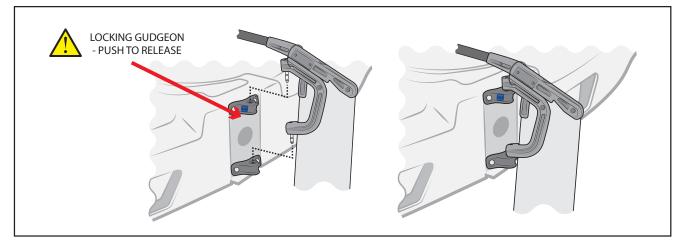
Refit the bolt, going through the whole assembly.



b)

Attach the tiller extension.





#### To put the rudder down -

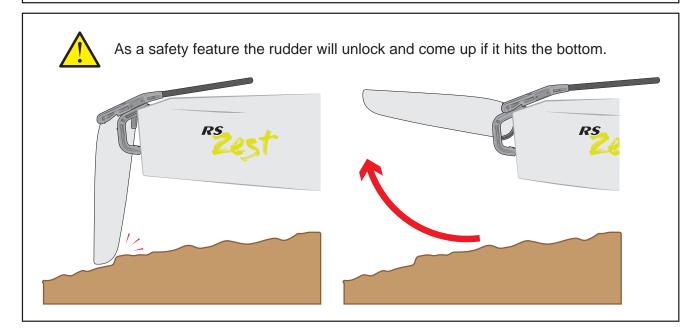
- **1.** Lift the tiller slightly to unlock the blade.
- **2.** Push the tiller aft until the blade is fully lowered (it will normally 'clunk' into the front of the rudder stock).
- 3. Push the tiller firmly down to 'lock' the blade.

#### To pull the rudder up -

- 1. Lift the tiller slightly to unlock the blade.
- 2. Pull towards you (into the boat) until the blade reaches it's maximum up position.
- **3.** Push the tiller gently down to hook over the top of the stock.



Do not paddle with the rudder half up.

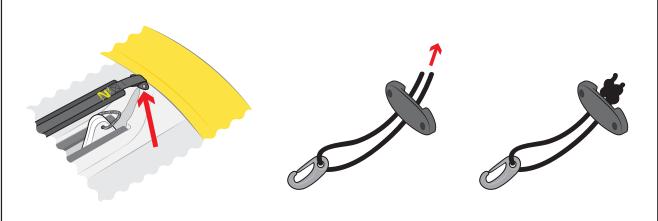


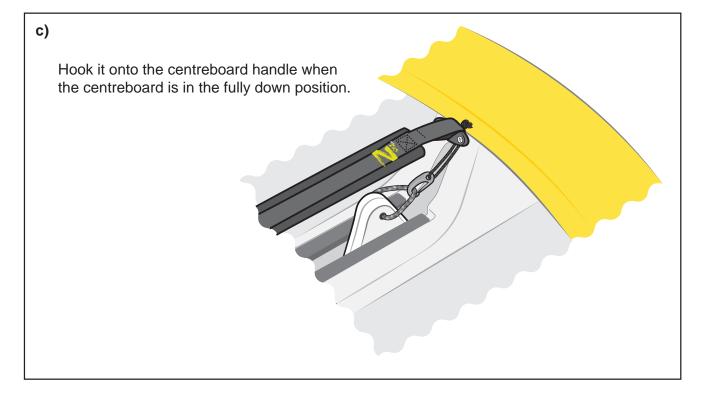
# Zest 3.15 - Centreboard

Locate the centreboard elastic and plastic hook in the customer fittings pack.



Pass the elastic through the hole in the hook, then pass both ends through the toestrap fitting on the front of the thwart and tie **knot #3** in the tails to secure it in







# 4. Sailing Hints







### TIME TO GO SAILING!!

After launching, the rudder is lowered by lifting the tiller and pushing it aft. The centreboard can be lowered once the water is deep enough. It is normally best to leave the kicking strap loose while launching, pulling it on as appropriate once you are sailing.

**TOP TIP** 

Make sure that you liftthe rudder and raise the centreboard before coming in.



The RS Zest is a very rewarding boat to sail – to fully appreciate its handling, you should be comfortable with the basic techniques of sailing small boats. If you lack confidence or feel that a refresher is in order, there are many approved sailing schools which use the RS Zest. See www.rya.org.uk for more information.

While we offer you a few hints to aid your enjoyment of your new boat, they should not be considered as a substitute for an approved course in dinghy sailing. In order to build your confidence and familiarise yourself with your new boat, we recommend that you choose a fairly guiet day with a steady wind for your first outing.

# Zest 4.2 - Launching

With the sails fully hoisted and the rudder attached to the transom, the boat should be wheeled into the water, keeping it head to wind as far as possible. If you have a crew, s/he can hold the boat head to wind whilst the trolley is stowed ashore.

If the tide is coming in as you launch, make sure that you leave the trolley far enough up the beach that it will not be swept away.

### 225 4.3 - Leaving the Beach

The easiest way to get going is for the helm to hop aboard while the crew holds the boat. The helm should put a little centreboard down, move back to their normal position, and pull gently on the rudder downhaul to lower some of the rudder blade.

Then, s/he may instruct the crew to push the bow off the wind and climb in. The crew will then lower the daggerboard as depth allows. The retaining elastic should be tied on as soon as possible to prevent the board falling out in the event of a capsize. The singlehanded sailor may choose to ask someone to help them to launch. If launching alone, stand in the water alongside the gunwhale, holding the boat head to wind. Lower part of the daggerboard and rudder, and then push the bow off the wind while hopping in.

As soon the water is deep enough, make sure that you lower the rudder blade fully by pulling the rudder downhaul hard. You will know it is fully down if you feel a gentle "thud" as the front face of the blade hits the front face of the stock. Cleat the downhaul and tidy it by winding it around the tiller. Pull the sail in and you are away!

For the best performance, you should ensure that position yourself so that the boat is sailing through the water as flat as possible. Watch the trim (fore and aft) and the heel. The boat should always be sailed as upright as possible.

#### **Top Tip**

As a general rule, sit further forward in lighter winds and further aft in stronger breezes.



# 4.4 - Sailing Close Hauled and Tacking

When sailing close-hauled, or as close as possible to the wind, it is important to get the boom as near as possible to the centreline. The kicking strap should be firmly tensioned for upwind work. To pull it on, quickly put the boat head to wind. You should hold the tiller extension across your body, with a knuckles- up grip, enabling you to use one or two fingers as a temporary cleat when adjusting the mainsheet.

To tack, push the tiller extension away from you and, as the boat starts to turn, step across the cockpit facing forwards. Once the boat has completed the turn, bring the tiller back into the centre before sitting down on the new side, with the tiller extension behind your back. When you are settled, swap the mainsheet and the tiller extension into the new hands.

If the boat slows right down and feels lifeless when close-hauled, you could be sailing too close to the wind. Ease the mainsheet and 'bear off' away from the wind for a while to get the boat going again.



## 245 4.5 - Sailing Downwind and Gybing

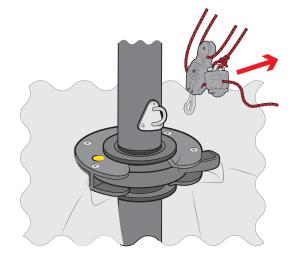
When sailing downwind, the sail should be let out until about 90 degrees to the centre line. To gybe, pull the tiller towards you and, as the boat starts to turn, step across the cockpit facing forward. Once the boat has completed the turn, bring the tiller back into the centre before sitting down on the new side, with the tiller extension behind your back. Often, the boom will not want to come across until you have nearly completed the gybe, so it often pays to give the mainsheet a tweak to encourage the boom over at the moment that you want it to come! Once you are settled, swap the mainsheet and the tiller extension into the new hands.

Mind your head when you gybe!

# Zest 4.6 - Reefing

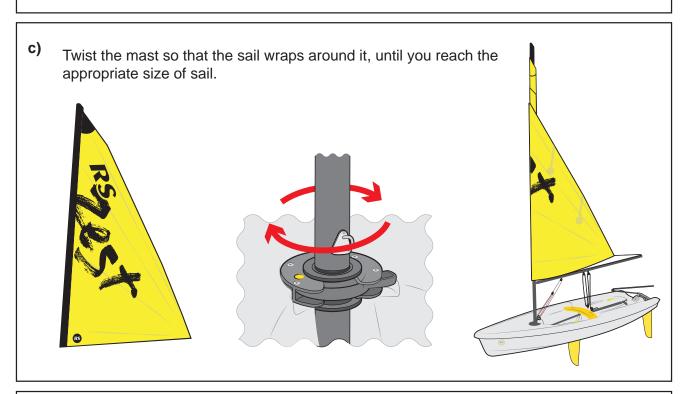
a)

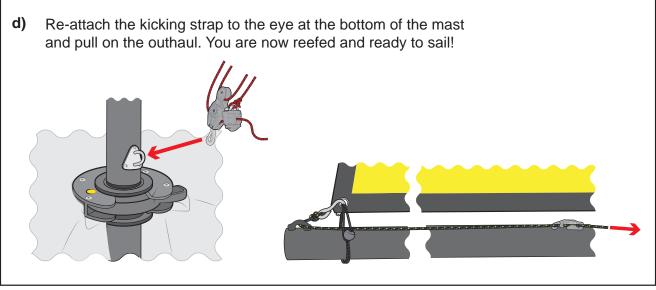
Leaving the downhaul in the cleat, unclip the kicking strap from the eye on the mast.



Zest 4.6 - Reefing

b) Release the outhaul by removing it from the cleat on the boom, and pulling extra line through.







# 5. Optional Accessories



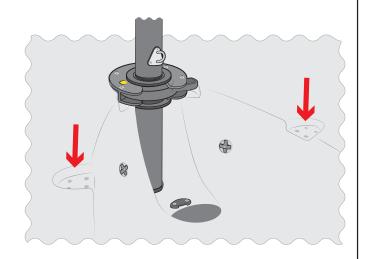




### 5.1 - Fitting the Jib Cleats and Fairleads

a)

Remove and dispose of the plastic plugs from the inserts.

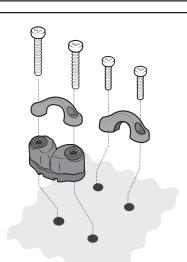


b)

Add the jib cleats and fairleads. Make sure the cleat opens towards you.



Do not overtighten.



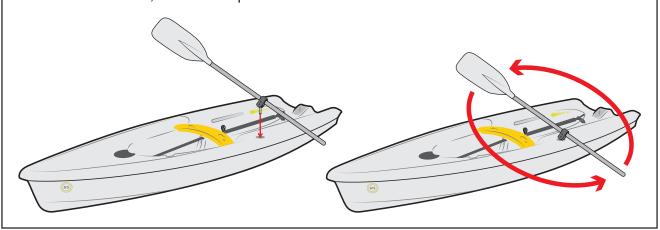
### **205** 5.2 - Fitting the Rowing Kit

The RS Zest Rowing Kit may be purchased from RS Sailing or from your local RS Dealer, enabling you to use your sailing boat as a tender or small rowing vessel.

Before using the oars for the first time you must fit the rowlock inserts into the recesses on the gunwhales using the screws provided.

To locate and lock the oars in position, push the spigot in the rowlock hole and rotate the complete oar, so that the paddle is over the cockpit and the handle is over the side of the boat.

As you turn the oar into the correct position, with the paddle over the side and the handle over the cockpit, you will feel the oar lock into place. The oar will not pull out. To release the oar, reverse the procedure.



## Zest

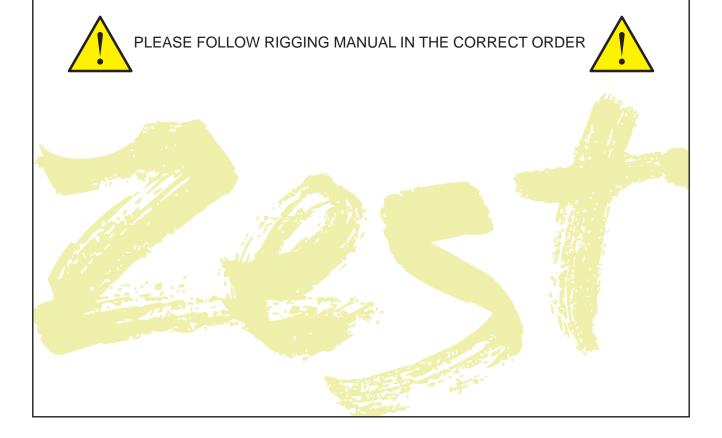
### 5.3 - Top Cover

a) The top cover is a very simple water-proof cover that can keep the spars and sails dry and out of sight when the boat is not in use. It is best to attach the top cover from the bow and work backwards, pulling the elastic drop cloth into place. There are a couple of tie points on the side.





# 6. Maintenance



The RS Zest is made using Comptec PE3, a three-layer polyethylene construction. This is stiff and light, but will dent if subjected to point loading. The boat should be supported ashore on an approved RS trolley, as the hull may distort if not supported properly. For long-term storage, it is better to support the boat on a rack, in slings, or another type of support that spreads the weight and avoids point loads. The hull can also be stored on the transom, but never store the boat for long periods on its side. When dealing with a marine environment, equipment gets wet; this in itself is not a problem. The problem starts when moisture is trapped for any length of time. Therefore, it is very important to store the boat properly ashore.

#### Keep your dinghy drained and well ventilated

Ensure that the boat is stored with the bow raised to allow water to drain away.

#### Wash with fresh water

Fresh water evaporates far more quickly than salt water so if your dinghy has been sailed in salt water, rinse it thoroughly. The fittings will also work better if regularly washed. Any stubborn marks on the hull can be removed with a light detergent, such as washing up liquid. Always test cleaning products on a small, inconspicuous part of the deck before applying to the whole boat.

Hull damage falls into three categories:

- **SERIOUS** large hole, split, crack, or worse. Don't be too distressed! Get the remnants back to RS Racing so we can assess the damage.
- **MEDIUM** small hole or split. If this occurs during an event, sailing can often be continued as long as leaking can be prevented by drying the area and applying strong adhesive tape. CAUTION if the damage is close to a heavily loaded point, then the surrounding area should be closely examined to ensure that it will accept the loads. Get the damage professionally repaired as soon as possible.
- **SMALL** dents, scratching. This type of damage is not boat threatening.

Comptec PE3 cannot be repaired in the same way as fibre glass. Some scratching can be removed be RS Racing staff, but dents cannot. Therefore we suggest you treat your boat with as much care as you would if it were fibre glass. More serious repairs can be carried out by RS Racing staff; however, the repair will never be invisible, due to the nature of the material.

The joy of owning an RS Zest is that it is very hard wearing, and any dents and scratches it receives will not affect the structural integrity of the hull.



#### 6.2 - Foil Care

The foils are FRP with a foam core. Look after them as you do the hull. Wash with fresh water regularly. Repair any chips as soon as possible.

If you intend to travel a lot with the boat, then an RS padded rudder bag would be a worthwhile investment.



#### 6.3 - Spar Care

The mast and boom are aluminium. Wash with fresh water as often as possible, both inside and out. Check all of the riveted fittings on a regular basis for any signs of corrosion or wear.



#### 6.4 - Sail Care

The mainsail and Jib should be rolled and stored dry, out of direct sunlight. When using a new sail for the first time, try to avoid extreme conditions as high loads on new sailcloth can diminish the racing life of the sail.

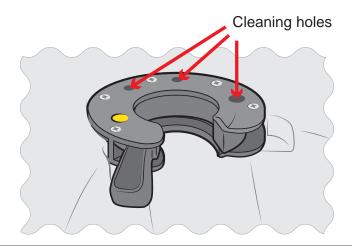
If your sail is stained in any way, try to remove it using a light detergent and warm water. DO NOT attempt to launder the sail yourself.

A sail can be temporarily repaired using a self-adhesive cloth tape, such as Dacron or Mylar. The sail should be returned to a sail maker for a professional repair. Check for wear and tear, especially around the batten pockets, on a regular basis.

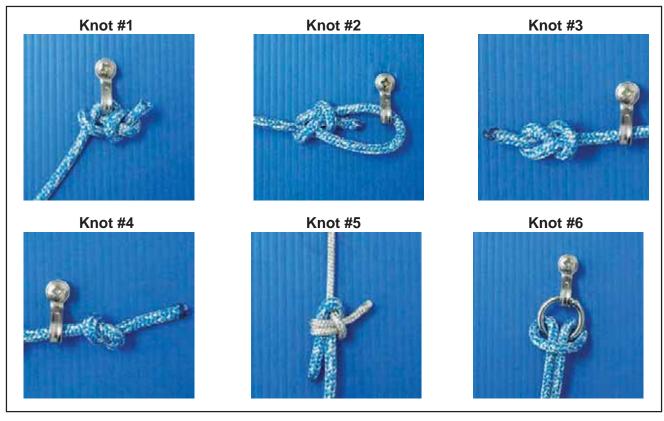


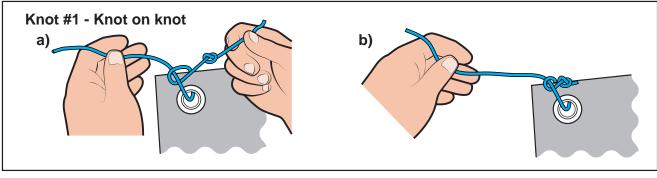
#### 6.5 - Mast Gate

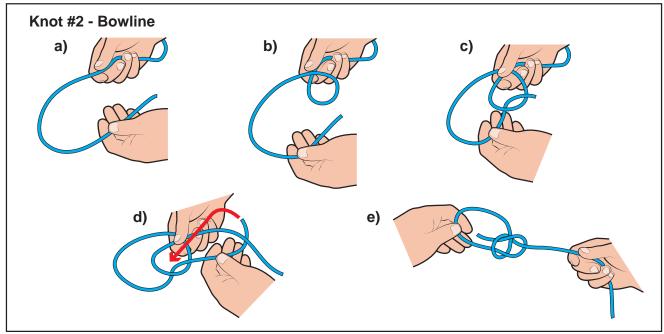
After sailing the mast gate should be rinsed out with fresh water.

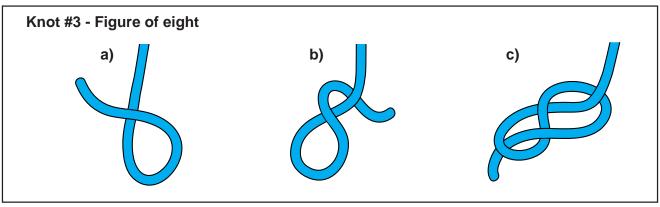


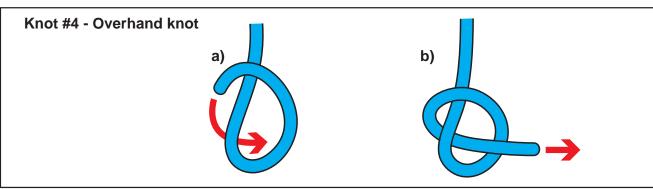
7 - Knots

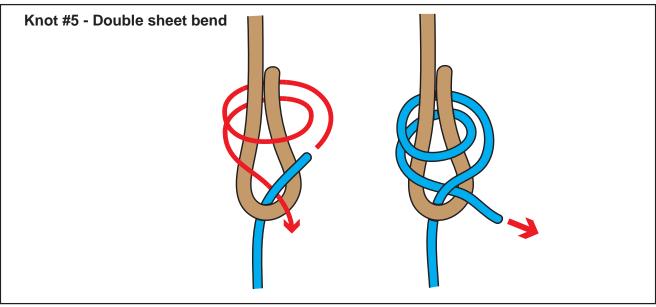


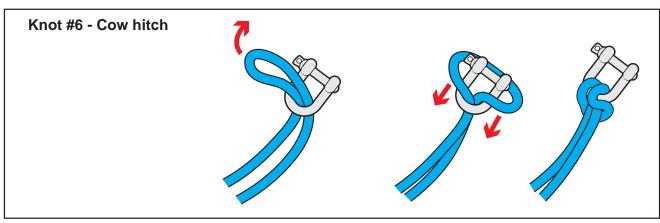












- **1.** This warranty is given in addition to all rights given by statute or otherwise.
- 2. RS Sailing warrants all boats and component parts manufactured by it to be free from defects in materials and workmanship under normal use and circumstances, and the exercise of prudent seamanship, for a period of twelve (12) months from the date of commissioning by the original owner. The owner must exercise routine maintenance and care.
- **3.** This warranty does not apply to defects in surface coatings caused by weathering or normal use and wear.
- **4.** This warranty does not apply if the boat has been altered, modified, or repaired without prior written approval of RS Sailing. Any changes to the hull structure, deck structure, rig or foils without the written approval of RS Sailing will void this warranty.
- **5.** Warranty claims for materials or equipment not manufactured by RS Sailing can be made directly to the relevant manufacturer. RS Sailing warrants that these parts were installed correctly and according to the instructions provided by the manufacturer.
- **6.** Warranty claims shall be made to RS Sailing as soon as practicable and, in any event, within 28 days upon discovery of a defect. No repairs under warranty are to be undertaken without written approval of RS Sailing.
- **7.** Upon approval of a warranty claim, RS Sailing may, at its expense, repair or replace the component. In all cases, the replacement will be equal in value to the original component.
- **8.** Due to the continuing evolution of the marine market, RS Sailing reserves the right to change the design, material, or construction of its products without incurring any obligation to incorporate such changes in products already built or in use.

Α

Aft At the back

Anchor Line Rope that attaches the anchor to the boat

Astern Behind the boat

Asymmetric Gennaker flown from a retractable pole at the bow

В

Back To 'back the sail'; allowing the wind to fill the back of the sail

Bailer A bucket or other container used for bailing water

Batten A thin strip of wood/plastic inserted in the sail to keep it flat

Batten Key A key used to adjust the batten

Batten Pocket A pocket on the sail that holds the batten

Beam Width of the boat at the widest point of the side of the boat.

The phrase 'wind on the beam' means that the wind is coming from the side.

Bear away To turn downwind

Beat To sail a zig-zag course to make progress upwind

Beaufort Scale A measure of wind strength, from Force 1 to Force 12

Bilge Rail The moulded line that marks the transition from the side to the bottom of

the hull

Block A pulley used for sail control lines

Boom The spar at the bottom edge of sail

Bow The front of the boat

Bow Lifting Handle The handle at the front of the boat, used for lifting

Bowline A useful and reliable knot, with a loop in it

Bow Snubber The part of the trolley that the bow rests on

Builder's Plate Plate that contains build information

Bung A stopper for the drain hole



Buoy Floating object attached to the bottom of sea used ariously for

na igation, mooring, and to mark out a race course

Buoyancy Aid Helps you to stay afloat if you fall in the water

Buoyancy ompartment Water-tight compartment in the hull that maintains buoyancy

Burgee Small flag at the top of the mast to show wind direction

apsize To o erturn

apsize Reco ery To right, or reco er, the boat after a capsize

atamaran A boat with two hulls

entreboard The foil that sits below the hull to counteract the sideways push of the wind,

and to create forward motion

entreboard ase The casing in the hull in which the centreboard sits

entreline An imaginary line that runs through the centre of the hull, from the bow to

the stern

hart datum epths shown on a chart, at the lowest possible tide

leat A de ice to grip ropes and hold them in place some grip automatically,

while others need the rope tying around them

lew Lower corner of the sail, closest to the stern

lose hauled Sailing as close to the wind as you can; point of sailing to sail upwind ockpit The open area in the boat pro iding space for the helm and the crew

ollision Regulations The 'rules of the road' to a oid collisions

ompass Rose The compass shown on a chart to aid na igation

rew Helps the helmsman to sail the boat, and usually handles the jib sheets

utter A boat with two headsails or jibs

acron A brand of polyester sailcloth that is wrinkle-resistant and strong

eck A floor-like surface occupying part of the hull

eck oulding A moulded deck

ownhaul Applies downwards tension to a sail

ownwind To sail in the direction that the wind is blowing

rain Hole A hole in the hull from which trapped water can be drained

raught The depth of the essel below the surface

ase To 'ease sheets' means to let the sail out gently

Fairlead A pulley block used to guide a rope to a oid chafing

Foils The daggerboard and the rudder

Foot The bottom edge of a sail

Fore Towards the front of the boat

Forestay The wire line that runs from the front of the mast to the bow of the

hull, holding the mast in position

Furl To gather a sail into a compact roll and bind it against the mast

or forestay

Gennaker A large sail that is hoisted when sailing downwind

Gennaker hute Webbing pocket in which the gennaker is stowed when not hoisted

Gennaker Pole The sprit that protrudes from the front of the hull, to which the tack of

the gennaker is attached

Gna Bar Bar that sits between the mast and the boom, performing the

same function as a kicking strap

Gna ontrol Line Line that applies and releases tension to the gna
Gooseneck The 'jaws' of the boom that clip onto the mast

Gunwhale The top edge of the hull, that you sit on when leaning out to balance

the boat

Gybe To change tack by turning the stern of the boat through the wind.

Halyard The rope used to hoist sails

Halyard Bag Bag attached to the hull, in which the halyards can be stowed

Head The top corner of a sail

'Head to Wind'

To point the bow in the direction that the wind is blowing from,

causing the sails to flap

'Hea e to'

To stop the boat by easing the main sheet and backing the jib

Heel A boat 'heels' when it leans o er due to the sideways force of

the wind

Helm/Helmsman The person who steers the boat, or another name for the tiller

Hoist Block Block behind which the gennaker halyard is pulled when hoisting

the gennaker

Hull The hollow, lower-most part of the boat, floating partially submerged

and supporting the rest of the boat

'nto the Wind'

To point the bow in the direction that the wind is blowing from,

causing the sails to flap

n ersion A capsize where the boat turns upside down, or 'turtles'

ammer Another word for a cleat

ib The small sail in front of the mast

Kicking strap The rope system that is attached to the base of the mast and

the boom, helping to hold the boom down

Knot A measurement of speed, based on one minute of latitude

Launching To lea e the slipway



Latitude maginary lines running parallel round the globe from east to west.

They help you measure position and distance on a chart.

Leech The back edge of the sail

Leeward The part of the boat furthest away from the direction in which the

wind is blowing

Leeway The amount of sideways drift caused by the wind

Le erage The result of using crew weight as a 'le er' to counteract heel

caused by the wind

Lie to A way of stopping the boat temporarily by easing sheets on

a close reach

Lifejacket nlike a buoyancy aid, a lifejacket will keep a person fully afloat

with their head clear of the water

Longitude maginary lines running round the globe from north to south,

like segments of an orange. sed with lines of latitude to

measure position and distance

Lower Furling nit The fitting at the bottom of the forestay that enables the jib

to be furled

Luff The front edge of the sail

ainsail The largest sail on a boat

ainsail lew Slug The fitting that sits in the track on the boom, to which the clew of

the mainsail is attached

ainsheet The rope used to control the mainsail

ainsheet Bridle The rope runs across the transom of the boat, to which the

mainsheet is attached

ainsheet entre Block The main block, usually fi ed to the cockpit floor, through

which the mainsheet passes

an erboard Reco ery The act of reco ering a 'man o erboard' from the water

ast The spar that the sails are hoisted up

ast Foot The bottom of the mast

ast Gate Fitting which closes across the front of the mast at deck le el,

holding the mast in place



ast Lower Section The bottom section of a two-piece mast

ast Step The fitting on the deck that the mast fits into

ast Top Section The top section of a two-piece mast

eteorology The study of weather forecasting

oor To tie the boat to a fi ed object

ylar A brand of strong, thin, polyester film used to make racing sails

ational Sailing Federation Body that go erns sailing in a nation. n the K, this is the

Royal achting Association

a igation To find a way from one point to the other

eap Tide Tides with the smallest tidal change

ff the Wind' To sail in the direction that the wind is blowing

utboard Bracket Kit Bracket which enables an outboard engine to be attached

to the transom

utboard ngin Small portable engine that attaches to the transom

uthaul The control line that applies tension to the foot of the sail,

by pulling the sail along the boom

uthaul Hook The fitting on the boom that hooks the eye at the back of

the sail, and to which the outhaul is attached

Painter The rope at the bow used to tie the boat to a fi ed object

Pontoon A floating jetty to moor your boat to

Port The left-hand side of the boat, when facing forwards

RS ealer A third-party who sells the RS range

Reach Sailing with the wind on the side of the boat



Reef To make the sails smaller in strong winds

Retaining Pin n a trolley, to hold the launching trolley to the road base

Road Base A trolley that you place your boat and launching trolley upon to

trail behind a ehicle

Rowlocks shaped fittings that fi onto the gunwale and holds your oars in

position while rowing

Rowlock Holes The holes in the gunwhale into which the rowlocks fit

Rudder The foil that, when attached to the stern, controls the direction

of the boat

Rudder Blade The large, rigid, thin part of the rudder

Rudder ownhaul The control line that enables you to pull the rudder into place

Rudder Pintle The fitting on the transom onto which the rudder stock fits

Rudder Stock The top part of the rudder, usually including the tiller, into which the

rudder blade fits, and which then attaches to the rudder pintle

Run To 'run with the wind', or to sail in the direction that the wind is blowing

Safety-Boat o er Support boats, usually R Bs, in case of emergency

Sail An area of material attached to the boat that uses the wind to

create forward motion

Sailmaker A manufacturer of sails

Sail umber The uni ue number allocated to a boat, displayed on the sail

when racing

Sail Pressure A sail has 'pressure' when it is working with the wind to create motion

Sailing Regatta An e ent that usually comprises of a number of sailing races

Shackle A metal fitting for attaching ropes to blocks, etc.

Shackle Key Small key used to undo tight shackles

Sheet A rope that controls a sail

Shroud The wires that are attached to the mast and the hull, holding

the mast up

Side Safety Line The line that runs along the side of the hull

Single Handed To sail a boat alone

Single-Line Reefing System An efficient method of reefing with one line



Slider Sliding fitting on the boom to which the gna bar is attached

Soundings The numbers on a chart showing depth

Spars The poles, usually carbon or aluminium, to which the sail is attached

Spreaders etal fittings attached to the mast which hold the shrouds out

Spring Tide The tides with the biggest range and strongest currents
Starboard. The right-hand side of the boat, when facing forwards

Stern The back of the boat

Stopper Knot A form of knot used to pre ent a rope from sliding through a

fitting, such as a pulley or a cleat

Tack a To change direction by turning the bow of the boat through the wind

b The bottom front corner of a sail

Tack Bar The bar at the bow of the hull, to which the tack of the jib is attached

Tack Line The rope that emerges from the front of the gennaker pole, to which

the tack of the gennaker is attached

Tender A small essel, usually used to transport crew to a larger essel

Tidal height The depth of water abo e chart datum

Tidal range The difference between the depth of water at low and high tide

Tidal stream The direction in which the tide is flowing

Tiller The stick attached to the rudder, used to steer the boat

Tiller tension A pole attached to the tiller to e tend its reach, usually used when hiking

Toe Straps The straps to tuck your feet under when you lean out to balance the boat.

Top Furling nit Fitting at the top of the forestay which enables the jib to be furled

Towing Line A rope attached to the boat, used to connect to a towing essel

Transit An imaginary line between two fi ed objects, used to ensure that

you are staying on course

Transom The ertical surface at the back of the boat

Trim Keeping the boat le el fore and aft

Trimaran A boat with three hulls

Trolley A wheeled structure, used to mo e the boat around on land

Trolley Supports The part of the trolley in direct contact with the hull



nder Weigh' A term deri ed from the act of 'weighing' anchor, meaning to be

in motion

pwind To sail against the direction in which the wind is blowing

Wetsuit eoprene sailing suit designed to keep you warm when wet

Windward The part of the boat closest to the direction in which the wind is blowing